

Club SQUEEZE IN

COMPRESSION REMINDER SERVICE

Our reminder service gives you a little nudge when it's time to renew your compression garments.



Activate in less than 5 minutes



Choose how you renew



Automatic reminders when it's time to renew



Register for **free**

*We know **renewing your compression** isn't always at the top of your list. Let us **take the stress away...***

Scan the **QR code** or visit **www.squeezein.life** and activate today by joining Club Squeeze In



LEADING THE
SELF-CARE REVOLUTION



People.Health.Care.

Club SQUEEZE IN

REGISTER NOW
for Club Squeeze In

Join **Club Squeeze In** to get further information on how to take care of your legs. You will also get hints and tips from **Johnny Vegas our Squeeze In Ambassador**, who's father had a leg ulcer for many years.

Scan and **JOIN** today ▼

Scan the **QR code** to join **Club Squeeze In**, where you will get access to a **healthy living booklet** to support you and your leg health
www.lrsselfcare.co.uk/squeezein

